

## **THE LOCHIEL STRATHSPEY (S4x32) 4C set**

### **Ruary Laidlaw One Step At A Time**

- 1 - 8 All four Ladies dance across the set and, passing their partners by the right shoulder, dance round to face them, and then their partner by the right hand for four steps back to original places.
- 9 - 16 All the Men repeat the movement passing their partners by the left shoulders and turning with the left hands.
- 17 - 24 The first couple, followed by the second, third and fourth couples, dance down the middle for four steps and then cast back up to original places.
- 25 - 28 First couple turn with the right hand for two steps and then cast off for two steps to the bottom of the set, second, third and fourth couples move up on bars 3 and 4 of the 8-bar phrase.
- 29 – 32 First couple turn with both hands for four steps at the bottom of the set to finish in fourth place.