

SHIP O' GRACE (S4x40) 4C set

J McAdam Lifeboat Dances

- 1- 8 1s dance down the middle & cast back to 1st place on own sides
- 9-16 All dance a Grand Chain, 1s+4s crossing to begin
- 17-24 1s+2s & 3s+4s set & dance RH across ½ way, set & dance LH across back to places
- 25-32 1s dance set advancing to right & in to 2nd place as 2s dance out to their right & up to 1st place, repeat with 3s then 4s, all turn RH
- 33-40 1s followed by 4s lead up to top & cast back to places 2 3 4 1