

## UP AND DOWN BEN NEVIS (S3x32) 3C set

**M Ross**

1- 8 3s set & cast up behind 2s, dance up between 1s & cast to 2nd place own sides

9-16 3s dance ½ reels of 3 across (3M with 1s, 3L with 2s), dance ½ reels of 3 across with other couple

17-24 1s+3s Set+Link, 1s+2s Set+Link

25-32 2s followed by 3s dance Fig of 8 round 1s to end 2 3 1